

H The capital H is not quite 10 mm high using my Balava font at 36 point. The CapsHeight is 1577 funits at 2048 funits per em. Use the table to find the metrics for your font's design.

Glyph Height @ 10 pt				Glyph Height @ 72 pt			Glyph Height @ 120 pt		
funits	points	inches	mm	points	inches	mm	points	inches	mm
3072	15.0	0.2083	5.3	108.0	1.5000	38.1	180.0	2.5000	63.5
2867	14.0	0.1944	4.9	100.8	1.3999	35.6	168.0	2.3332	59.3
2662	13.0	0.1805	4.6	93.6	1.2998	33.0	156.0	2.1663	55.0
2458	12.0	0.1667	4.2	86.4	1.2002	30.5	144.0	2.0003	50.8
2253	11.0	0.1528	3.9	79.2	1.1001	27.9	132.0	1.8335	46.6
2048	10.0	0.1389	3.5	72.0	1.0000	25.4	120.0	1.6667	42.3
2000	9.8	0.1356	3.4	70.3	0.9766	24.8	117.2	1.6276	41.3
1800	8.8	0.1221	3.1	63.3	0.8789	22.3	105.5	1.4648	37.2
1700	8.3	0.1153	2.9	59.8	0.8301	21.1	99.6	1.3835	35.1
1699	8.3	0.1152	2.9	59.7	0.8296	21.1	99.6	1.3826	35.1
1698	8.3	0.1152	2.9	59.7	0.8291	21.1	99.5	1.3818	35.1
1697	8.3	0.1151	2.9	59.7	0.8286	21.0	99.4	1.3810	35.1
1696	8.3	0.1150	2.9	59.6	0.8281	21.0	99.4	1.3802	35.1
1695	8.3	0.1149	2.9	59.6	0.8276	21.0	99.3	1.3794	35.0
1694	8.3	0.1149	2.9	59.6	0.8271	21.0	99.3	1.3786	35.0
1693	8.3	0.1148	2.9	59.5	0.8267	21.0	99.2	1.3778	35.0
1692	8.3	0.1147	2.9	59.5	0.8262	21.0	99.1	1.3770	35.0
1691	8.3	0.1147	2.9	59.4	0.8257	21.0	99.1	1.3761	35.0
1690	8.3	0.1146	2.9	59.4	0.8252	21.0	99.0	1.3753	34.9
1689	8.2	0.1145	2.9	59.4	0.8247	20.9	99.0	1.3745	34.9
1688	8.2	0.1145	2.9	59.3	0.8242	20.9	98.9	1.3737	34.9
1687	8.2	0.1144	2.9	59.3	0.8237	20.9	98.8	1.3729	34.9
1686	8.2	0.1143	2.9	59.3	0.8232	20.9	98.8	1.3721	34.9
1685	8.2	0.1143	2.9	59.2	0.8228	20.9	98.7	1.3713	34.8
1684	8.2	0.1142	2.9	59.2	0.8223	20.9	98.7	1.3704	34.8
1683	8.2	0.1141	2.9	59.2	0.8218	20.9	98.6	1.3696	34.8
1682	8.2	0.1141	2.9	59.1	0.8213	20.9	98.6	1.3688	34.8
1681	8.2	0.1140	2.9	59.1	0.8208	20.8	98.5	1.3680	34.7
1680	8.2	0.1139	2.9	59.1	0.8203	20.8	98.4	1.3672	34.7
1679	8.2	0.1139	2.9	59.0	0.8198	20.8	98.4	1.3664	34.7
1678	8.2	0.1138	2.9	59.0	0.8193	20.8	98.3	1.3656	34.7
1677	8.2	0.1137	2.9	59.0	0.8188	20.8	98.3	1.3647	34.7
1676	8.2	0.1137	2.9	58.9	0.8184	20.8	98.2	1.3639	34.6
1675	8.2	0.1136	2.9	58.9	0.8179	20.8	98.1	1.3631	34.6
1674	8.2	0.1135	2.9	58.9	0.8174	20.8	98.1	1.3623	34.6
1673	8.2	0.1135	2.9	58.8	0.8169	20.7	98.0	1.3615	34.6
1672	8.2	0.1134	2.9	58.8	0.8164	20.7	98.0	1.3607	34.6
1671	8.2	0.1133	2.9	58.7	0.8159	20.7	97.9	1.3599	34.5
1670	8.2	0.1133	2.9	58.7	0.8154	20.7	97.9	1.3590	34.5
1669	8.1	0.1132	2.9	58.7	0.8149	20.7	97.8	1.3582	34.5
1668	8.1	0.1131	2.9	58.6	0.8145	20.7	97.7	1.3574	34.5
1667	8.1	0.1131	2.9	58.6	0.8140	20.7	97.7	1.3566	34.5
1666	8.1	0.1130	2.9	58.6	0.8135	20.7	97.6	1.3558	34.4
1665	8.1	0.1129	2.9	58.5	0.8130	20.6	97.6	1.3550	34.4
1664	8.1	0.1128	2.9	58.5	0.8125	20.6	97.5	1.3542	34.4
1663	8.1	0.1128	2.9	58.5	0.8120	20.6	97.4	1.3534	34.4
1662	8.1	0.1127	2.9	58.4	0.8115	20.6	97.4	1.3525	34.4
1661	8.1	0.1126	2.9	58.4	0.8110	20.6	97.3	1.3517	34.3
1660	8.1	0.1126	2.9	58.4	0.8105	20.6	97.3	1.3509	34.3
1659	8.1	0.1125	2.9	58.3	0.8101	20.6	97.2	1.3501	34.3
1658	8.1	0.1124	2.9	58.3	0.8096	20.6	97.1	1.3493	34.3
1657	8.1	0.1124	2.9	58.3	0.8091	20.6	97.1	1.3485	34.3
1656	8.1	0.1123	2.9	58.2	0.8086	20.5	97.0	1.3477	34.2
1655	8.1	0.1122	2.9	58.2	0.8081	20.5	97.0	1.3468	34.2
1654	8.1	0.1122	2.8	58.1	0.8076	20.5	96.9	1.3460	34.2
1653	8.1	0.1121	2.8	58.1	0.8071	20.5	96.9	1.3452	34.2
1652	8.1	0.1120	2.8	58.1	0.8066	20.5	96.8	1.3444	34.1
1651	8.1	0.1120	2.8	58.0	0.8062	20.5	96.7	1.3436	34.1

Glyph Height @ 10 pt				Glyph Height @ 72 pt			Glyph Height @ 120 pt		
funits	points	inches	mm	points	inches	mm	points	inches	mm
1650	8.1	0.1119	2.8	58.0	0.8057	20.5	96.7	1.3428	34.1
1649	8.1	0.1118	2.8	58.0	0.8052	20.5	96.6	1.3420	34.1
1648	8.0	0.1118	2.8	57.9	0.8047	20.4	96.6	1.3411	34.1
1647	8.0	0.1117	2.8	57.9	0.8042	20.4	96.5	1.3403	34.0
1646	8.0	0.1116	2.8	57.9	0.8037	20.4	96.4	1.3395	34.0
1645	8.0	0.1116	2.8	57.8	0.8032	20.4	96.4	1.3387	34.0
1644	8.0	0.1115	2.8	57.8	0.8027	20.4	96.3	1.3379	34.0
1643	8.0	0.1114	2.8	57.8	0.8022	20.4	96.3	1.3371	34.0
1642	8.0	0.1114	2.8	57.7	0.8018	20.4	96.2	1.3363	33.9
1641	8.0	0.1113	2.8	57.7	0.8013	20.4	96.2	1.3354	33.9
1640	8.0	0.1112	2.8	57.7	0.8008	20.3	96.1	1.3346	33.9
1639	8.0	0.1112	2.8	57.6	0.8003	20.3	96.0	1.3338	33.9
1638	8.0	0.1111	2.8	57.6	0.7998	20.3	96.0	1.3330	33.9
1637	8.0	0.1110	2.8	57.6	0.7993	20.3	95.9	1.3322	33.8
1636	8.0	0.1109	2.8	57.5	0.7988	20.3	95.9	1.3314	33.8
1635	8.0	0.1109	2.8	57.5	0.7983	20.3	95.8	1.3306	33.8
1634	8.0	0.1108	2.8	57.4	0.7979	20.3	95.7	1.3298	33.8
1633	8.0	0.1107	2.8	57.4	0.7974	20.3	95.7	1.3289	33.8
1632	8.0	0.1107	2.8	57.4	0.7969	20.2	95.6	1.3281	33.7
1631	8.0	0.1106	2.8	57.3	0.7964	20.2	95.6	1.3273	33.7
1630	8.0	0.1105	2.8	57.3	0.7959	20.2	95.5	1.3265	33.7
1629	8.0	0.1105	2.8	57.3	0.7954	20.2	95.4	1.3257	33.7
1628	7.9	0.1104	2.8	57.2	0.7949	20.2	95.4	1.3249	33.7
1627	7.9	0.1103	2.8	57.2	0.7944	20.2	95.3	1.3241	33.6
1626	7.9	0.1103	2.8	57.2	0.7939	20.2	95.3	1.3232	33.6
1625	7.9	0.1102	2.8	57.1	0.7935	20.2	95.2	1.3224	33.6
1624	7.9	0.1101	2.8	57.1	0.7930	20.1	95.2	1.3216	33.6
1623	7.9	0.1101	2.8	57.1	0.7925	20.1	95.1	1.3208	33.5
1622	7.9	0.1100	2.8	57.0	0.7920	20.1	95.0	1.3200	33.5
1621	7.9	0.1099	2.8	57.0	0.7915	20.1	95.0	1.3192	33.5
1620	7.9	0.1099	2.8	57.0	0.7910	20.1	94.9	1.3184	33.5
1619	7.9	0.1098	2.8	56.9	0.7905	20.1	94.9	1.3175	33.5
1618	7.9	0.1097	2.8	56.9	0.7900	20.1	94.8	1.3167	33.4
1617	7.9	0.1097	2.8	56.8	0.7896	20.1	94.7	1.3159	33.4
1616	7.9	0.1096	2.8	56.8	0.7891	20.0	94.7	1.3151	33.4
1615	7.9	0.1095	2.8	56.8	0.7886	20.0	94.6	1.3143	33.4
1614	7.9	0.1095	2.8	56.7	0.7881	20.0	94.6	1.3135	33.4
1613	7.9	0.1094	2.8	56.7	0.7876	20.0	94.5	1.3127	33.3
1612	7.9	0.1093	2.8	56.7	0.7871	20.0	94.5	1.3118	33.3
1611	7.9	0.1093	2.8	56.6	0.7866	20.0	94.4	1.3110	33.3
1610	7.9	0.1092	2.8	56.6	0.7861	20.0	94.3	1.3102	33.3
1609	7.9	0.1091	2.8	56.6	0.7856	20.0	94.3	1.3094	33.3
1608	7.9	0.1090	2.8	56.5	0.7852	19.9	94.2	1.3086	33.2
1607	7.8	0.1090	2.8	56.5	0.7847	19.9	94.2	1.3078	33.2
1606	7.8	0.1089	2.8	56.5	0.7842	19.9	94.1	1.3070	33.2
1605	7.8	0.1088	2.8	56.4	0.7837	19.9	94.0	1.3062	33.2
1604	7.8	0.1088	2.8	56.4	0.7832	19.9	94.0	1.3053	33.2
1603	7.8	0.1087	2.8	56.4	0.7827	19.9	93.9	1.3045	33.1
1602	7.8	0.1086	2.8	56.3	0.7822	19.9	93.9	1.3037	33.1
1601	7.8	0.1086	2.8	56.3	0.7817	19.9	93.8	1.3029	33.1
1600	7.8	0.1085	2.8	56.3	0.7813	19.8	93.8	1.3021	33.1
1599	7.8	0.1084	2.8	56.2	0.7808	19.8	93.7	1.3013	33.1
1598	7.8	0.1084	2.8	56.2	0.7803	19.8	93.6	1.3005	33.0
1597	7.8	0.1083	2.8	56.1	0.7798	19.8	93.6	1.2996	33.0
1596	7.8	0.1082	2.7	56.1	0.7793	19.8	93.5	1.2988	33.0
1595	7.8	0.1082	2.7	56.1	0.7788	19.8	93.5	1.2980	33.0
1594	7.8	0.1081	2.7	56.0	0.7783	19.8	93.4	1.2972	32.9
1593	7.8	0.1080	2.7	56.0	0.7778	19.8	93.3	1.2964	32.9
1592	7.8	0.1080	2.7	56.0	0.7773	19.7	93.3	1.2956	32.9
1591	7.8	0.1079	2.7	55.9	0.7769	19.7	93.2	1.2948	32.9

Glyph Height @ 10 pt				Glyph Height @ 72 pt			Glyph Height @ 120 pt		
funits	points	inches	mm	points	inches	mm	points	inches	mm
1590	7.8	0.1078	2.7	55.9	0.7764	19.7	93.2	1.2939	32.9
1589	7.8	0.1078	2.7	55.9	0.7759	19.7	93.1	1.2931	32.8
1588	7.8	0.1077	2.7	55.8	0.7754	19.7	93.0	1.2923	32.8
1587	7.7	0.1076	2.7	55.8	0.7749	19.7	93.0	1.2915	32.8
1586	7.7	0.1076	2.7	55.8	0.7744	19.7	92.9	1.2907	32.8
1585	7.7	0.1075	2.7	55.7	0.7739	19.7	92.9	1.2899	32.8
1584	7.7	0.1074	2.7	55.7	0.7734	19.6	92.8	1.2891	32.7
1583	7.7	0.1074	2.7	55.7	0.7729	19.6	92.8	1.2882	32.7
1582	7.7	0.1073	2.7	55.6	0.7725	19.6	92.7	1.2874	32.7
1581	7.7	0.1072	2.7	55.6	0.7720	19.6	92.6	1.2866	32.7
1580	7.7	0.1072	2.7	55.5	0.7715	19.6	92.6	1.2858	32.7
1579	7.7	0.1071	2.7	55.5	0.7710	19.6	92.5	1.2850	32.6
1578	7.7	0.1070	2.7	55.5	0.7705	19.6	92.5	1.2842	32.6
1577	7.7	0.1069	2.7	55.4	0.7700	19.6	92.4	1.2834	32.6
1576	7.7	0.1069	2.7	55.4	0.7695	19.5	92.3	1.2826	32.6
1575	7.7	0.1068	2.7	55.4	0.7690	19.5	92.3	1.2817	32.6
1574	7.7	0.1067	2.7	55.3	0.7686	19.5	92.2	1.2809	32.5
1573	7.7	0.1067	2.7	55.3	0.7681	19.5	92.2	1.2801	32.5
1572	7.7	0.1066	2.7	55.3	0.7676	19.5	92.1	1.2793	32.5
1571	7.7	0.1065	2.7	55.2	0.7671	19.5	92.1	1.2785	32.5
1570	7.7	0.1065	2.7	55.2	0.7666	19.5	92.0	1.2777	32.5
1569	7.7	0.1064	2.7	55.2	0.7661	19.5	91.9	1.2769	32.4
1568	7.7	0.1063	2.7	55.1	0.7656	19.4	91.9	1.2760	32.4
1567	7.7	0.1063	2.7	55.1	0.7651	19.4	91.8	1.2752	32.4
1566	7.6	0.1062	2.7	55.1	0.7646	19.4	91.8	1.2744	32.4
1565	7.6	0.1061	2.7	55.0	0.7642	19.4	91.7	1.2736	32.3
1564	7.6	0.1061	2.7	55.0	0.7637	19.4	91.6	1.2728	32.3
1563	7.6	0.1060	2.7	54.9	0.7632	19.4	91.6	1.2720	32.3
1562	7.6	0.1059	2.7	54.9	0.7627	19.4	91.5	1.2712	32.3
1561	7.6	0.1059	2.7	54.9	0.7622	19.4	91.5	1.2703	32.3
1560	7.6	0.1058	2.7	54.8	0.7617	19.3	91.4	1.2695	32.2
1559	7.6	0.1057	2.7	54.8	0.7612	19.3	91.3	1.2687	32.2
1558	7.6	0.1057	2.7	54.8	0.7607	19.3	91.3	1.2679	32.2
1557	7.6	0.1056	2.7	54.7	0.7603	19.3	91.2	1.2671	32.2
1556	7.6	0.1055	2.7	54.7	0.7598	19.3	91.2	1.2663	32.2
1555	7.6	0.1055	2.7	54.7	0.7593	19.3	91.1	1.2655	32.1
1554	7.6	0.1054	2.7	54.6	0.7588	19.3	91.1	1.2646	32.1
1553	7.6	0.1053	2.7	54.6	0.7583	19.3	91.0	1.2638	32.1
1552	7.6	0.1053	2.7	54.6	0.7578	19.2	90.9	1.2630	32.1
1551	7.6	0.1052	2.7	54.5	0.7573	19.2	90.9	1.2622	32.1
1550	7.6	0.1051	2.7	54.5	0.7568	19.2	90.8	1.2614	32.0
1549	7.6	0.1050	2.7	54.5	0.7563	19.2	90.8	1.2606	32.0
1548	7.6	0.1050	2.7	54.4	0.7559	19.2	90.7	1.2598	32.0
1547	7.6	0.1049	2.7	54.4	0.7554	19.2	90.6	1.2590	32.0
1546	7.5	0.1048	2.7	54.4	0.7549	19.2	90.6	1.2581	32.0
1545	7.5	0.1048	2.7	54.3	0.7544	19.2	90.5	1.2573	31.9
1544	7.5	0.1047	2.7	54.3	0.7539	19.1	90.5	1.2565	31.9
1543	7.5	0.1046	2.7	54.2	0.7534	19.1	90.4	1.2557	31.9
1542	7.5	0.1046	2.7	54.2	0.7529	19.1	90.4	1.2549	31.9
1541	7.5	0.1045	2.7	54.2	0.7524	19.1	90.3	1.2541	31.9
1540	7.5	0.1044	2.7	54.1	0.7520	19.1	90.2	1.2533	31.8
1539	7.5	0.1044	2.7	54.1	0.7515	19.1	90.2	1.2524	31.8
1538	7.5	0.1043	2.6	54.1	0.7510	19.1	90.1	1.2516	31.8
1537	7.5	0.1042	2.6	54.0	0.7505	19.1	90.1	1.2508	31.8
1536	7.5	0.1042	2.6	54.0	0.7500	19.1	90.0	1.2500	31.8
1535	7.5	0.1041	2.6	54.0	0.7495	19.0	89.9	1.2492	31.7
1534	7.5	0.1040	2.6	53.9	0.7490	19.0	89.9	1.2484	31.7
1533	7.5	0.1040	2.6	53.9	0.7485	19.0	89.8	1.2476	31.7
1532	7.5	0.1039	2.6	53.9	0.7480	19.0	89.8	1.2467	31.7
1531	7.5	0.1038	2.6	53.8	0.7476	19.0	89.7	1.2459	31.6

Glyph Height @ 10 pt				Glyph Height @ 72 pt			Glyph Height @ 120 pt		
funits	points	inches	mm	points	inches	mm	points	inches	mm
1530	7.5	0.1038	2.6	53.8	0.7471	19.0	89.6	1.2451	31.6
1529	7.5	0.1037	2.6	53.8	0.7466	19.0	89.6	1.2443	31.6
1528	7.5	0.1036	2.6	53.7	0.7461	19.0	89.5	1.2435	31.6
1527	7.5	0.1036	2.6	53.7	0.7456	18.9	89.5	1.2427	31.6
1526	7.5	0.1035	2.6	53.6	0.7451	18.9	89.4	1.2419	31.5
1525	7.4	0.1034	2.6	53.6	0.7446	18.9	89.4	1.2410	31.5
1524	7.4	0.1034	2.6	53.6	0.7441	18.9	89.3	1.2402	31.5
1523	7.4	0.1033	2.6	53.5	0.7437	18.9	89.2	1.2394	31.5
1522	7.4	0.1032	2.6	53.5	0.7432	18.9	89.2	1.2386	31.5
1521	7.4	0.1031	2.6	53.5	0.7427	18.9	89.1	1.2378	31.4
1520	7.4	0.1031	2.6	53.4	0.7422	18.9	89.1	1.2370	31.4
1519	7.4	0.1030	2.6	53.4	0.7417	18.8	89.0	1.2362	31.4
1518	7.4	0.1029	2.6	53.4	0.7412	18.8	88.9	1.2354	31.4
1517	7.4	0.1029	2.6	53.3	0.7407	18.8	88.9	1.2345	31.4
1516	7.4	0.1028	2.6	53.3	0.7402	18.8	88.8	1.2337	31.3
1515	7.4	0.1027	2.6	53.3	0.7397	18.8	88.8	1.2329	31.3
1514	7.4	0.1027	2.6	53.2	0.7393	18.8	88.7	1.2321	31.3
1513	7.4	0.1026	2.6	53.2	0.7388	18.8	88.7	1.2313	31.3
1512	7.4	0.1025	2.6	53.2	0.7383	18.8	88.6	1.2305	31.3
1511	7.4	0.1025	2.6	53.1	0.7378	18.7	88.5	1.2297	31.2
1510	7.4	0.1024	2.6	53.1	0.7373	18.7	88.5	1.2288	31.2
1509	7.4	0.1023	2.6	53.1	0.7368	18.7	88.4	1.2280	31.2
1508	7.4	0.1023	2.6	53.0	0.7363	18.7	88.4	1.2272	31.2
1507	7.4	0.1022	2.6	53.0	0.7358	18.7	88.3	1.2264	31.2
1506	7.4	0.1021	2.6	52.9	0.7354	18.7	88.2	1.2256	31.1
1505	7.3	0.1021	2.6	52.9	0.7349	18.7	88.2	1.2248	31.1
1504	7.3	0.1020	2.6	52.9	0.7344	18.7	88.1	1.2240	31.1
1503	7.3	0.1019	2.6	52.8	0.7339	18.6	88.1	1.2231	31.1
1502	7.3	0.1019	2.6	52.8	0.7334	18.6	88.0	1.2223	31.0
1501	7.3	0.1018	2.6	52.8	0.7329	18.6	87.9	1.2215	31.0
1500	7.3	0.1017	2.6	52.7	0.7324	18.6	87.9	1.2207	31.0
1499	7.3	0.1017	2.6	52.7	0.7319	18.6	87.8	1.2199	31.0
1498	7.3	0.1016	2.6	52.7	0.7314	18.6	87.8	1.2191	31.0
1497	7.3	0.1015	2.6	52.6	0.7310	18.6	87.7	1.2183	30.9
1496	7.3	0.1015	2.6	52.6	0.7305	18.6	87.7	1.2174	30.9
1495	7.3	0.1014	2.6	52.6	0.7300	18.5	87.6	1.2166	30.9
1494	7.3	0.1013	2.6	52.5	0.7295	18.5	87.5	1.2158	30.9
1493	7.3	0.1013	2.6	52.5	0.7290	18.5	87.5	1.2150	30.9
1492	7.3	0.1012	2.6	52.5	0.7285	18.5	87.4	1.2142	30.8
1491	7.3	0.1011	2.6	52.4	0.7280	18.5	87.4	1.2134	30.8
1490	7.3	0.1010	2.6	52.4	0.7275	18.5	87.3	1.2126	30.8
1489	7.3	0.1010	2.6	52.3	0.7271	18.5	87.2	1.2118	30.8
1488	7.3	0.1009	2.6	52.3	0.7266	18.5	87.2	1.2109	30.8
1487	7.3	0.1008	2.6	52.3	0.7261	18.4	87.1	1.2101	30.7
1486	7.3	0.1008	2.6	52.2	0.7256	18.4	87.1	1.2093	30.7
1485	7.3	0.1007	2.6	52.2	0.7251	18.4	87.0	1.2085	30.7
1484	7.2	0.1006	2.6	52.2	0.7246	18.4	87.0	1.2077	30.7
1483	7.2	0.1006	2.6	52.1	0.7241	18.4	86.9	1.2069	30.7
1482	7.2	0.1005	2.6	52.1	0.7236	18.4	86.8	1.2061	30.6
1481	7.2	0.1004	2.6	52.1	0.7231	18.4	86.8	1.2052	30.6
1480	7.2	0.1004	2.5	52.0	0.7227	18.4	86.7	1.2044	30.6